

10 Things Every Child Needs

INTERACTION - watch, smile, respond

LOVING TOUCH - cradle, hug, comfort

*STABLE RELATIONSHIP - responsive, consistent,
calm*

*SAFE, HEALTHY ENVIRONMENT - cover outlets,
block stairs*

SELF ESTEEM - pay attention, praise, I can do it!

QUALITY CHILD CARE - trust, teach, care

COMMUNICATION - talk to me, copy my noises

PLAY - peek-a-boo, laugh, pat-a-cake

MUSIC - play music, sing, tap drums

READING - storytelling, picture books

*Our many programs, support groups and events educate our community by creating awareness that child abuse prevention is possible. We are a family of parents, professionals, volunteers, donors and friends who are preventing child abuse and neglect before it starts. Together, we **can** make a difference!*



SPECIAL EVENTS

We offer different events throughout the year for children and families to participate in together. The annual **Children's Festival** is the most popular, offering free entertainment, hands-on activities and low cost food for a day of family fun in February. Some other events are the **Father/Daughter Dance** held in March, the **Holiday Open House** and the **Make Tracks for Kids** walk-a-thon.

Resources Offered:

CLOTHING EXCHANGE - - Bring a bag of your child's outgrown clothes (size newborn to 5T) and get a bag or more of clothes at no charge. Just give us a call to let us know your coming. Hours are Monday through Friday 8:00 a.m. to 4:00 p.m. Located at the FCCTF building.

PARENT RESOURCE LIBRARY- - Parenting information in the form of books, videos, pamphlets and other written material for parents and professionals. Located at the FCCTF building.

PARENT TALKLINE - - Parents are encouraged to call. Talk with a trained professional about parenting issues, get child-related information and resource information both crisis or non-crisis. Call 778-6960 or toll free 1-888-429-6960



113 Church Street
Farmington, ME 04938
1-888-429-6960

Phone: 207-778-6960 Fax: 207-779-1029
Email: FCCTF@fctf.org
Web: www.fctf.org

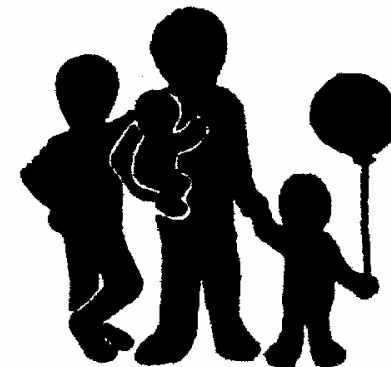
Contact us today to find out how you can make a tax-deductible contribution toward building healthier children and families and preventing child abuse and neglect.



Franklin County Children's Task Force



Programs and Service Information



Franklin County Children's Task Force is a non-profit organization committed to the prevention of child abuse and neglect through the promotion of healthy child, family and community development.

Telephone: 207-778-6960 or 888-429-6960

Growing Healthy Families

GHF is a program of the Franklin County Children's Task Force. This free, voluntary home visiting program is to support first time parents and provide practical tips on their new baby's growth and development, utilizing the nationally acclaimed *Parents as Teachers* curriculum. Your trained home visitor can be there for you as often as you need, up until your baby's fifth birthday. GHF can also put you in touch with other community resources for your family, such as: playgroups, housing, childcare, education, job training and medical care.

What can GHF do for your family?



- Fun activities for you and your baby
- Tips on how to care for your baby
- Guidance in observing your baby's development and promotion of that development
- Periodic developmental screenings using the Ages and Stages Questionnaires
- Health and safety information for the home, car and childcare
- Information on what to expect each month of growth
- Information on fostering healthy brain development
- Input on your concerns
- Play groups and special events

Kids First Programs

Kids First is a four-hour workshop designed for parents (only) to help address concerns and promote reduction of the negative effects of divorce. Participants are encouraged to attend the program as early in the separation or divorce process as possible. The fee is \$60.00 per person.



Parent Education :

We offer a variety of programs for Parenting Education including

Nurturing Program Parents learn about recognizing and understanding feelings, infant and child massage, nurturing parenting routines, alternatives to hitting, child development, and ways to build self-esteem and self-concept in children.

Nurturing Fathers The Nurturing Father's Program was created to cultivate and support the attitudes and skills for male nurturance, hoping to benefit men, women and children in family relationships.

1,2,3 Magic How to encourage positive behavior, independence and self-esteem as well as managing difficult behaviors in children ages 2-12.

1,2,3,4 Parents ! This program addresses basic parenting skills and is perfect for parents of very young children and first time parents. They learn age appropriate expectations and age appropriate discipline.



All programs are evidence informed and childcare is provided if needed. Registration is encouraged so we can plan on the number of children who will attend. Scholarships are available upon request. For more information please call the Franklin County Children's Task Force at 207-778-6960 or email us at www.fctcf.org

School Based Programs

Bullying/Teasing Prevention

FCCTF is the designated child abuse prevention agency for Franklin County. We see the prevention of bullying as an important step in preventing child abuse and neglect.



Our staff works with Franklin County school districts to implement Maine's Best Practices in Bullying and Harassment Prevention. We offer workshops and presentations, committee coordination, data collection and analysis, and assistance with classroom materials and lessons. We will be piloting two after-school groups, one for boys raising their awareness of their unique qualities and encouraging team work through adventure learning. The girls' group will focus on building positive relationships that will empower them dropout their lives. For more information or a schedule of classes email kgeorge@fctcf.org.

Baby Think It Over is a program where eighth graders take home the life-size simulator for 48 hours. This simulator has computerized responses which allows students to experience some of the demands of infant care. This program helps students appreciate the responsibilities of parenthood. These babies are available for families and professionals. Also available upon request, the Drug Affected Baby and the Shaken Baby.

Personal Body Safety program uses the "Talking about Touching" curriculum it is designed for preschool aged children and teaches simple rules to guide children toward safe decision making. The program can bring caregivers and parents together to teach children essential safety skills, such as traffic safety, gun safety and child sexual abuse with children.

Community Education Mandated Reporter Training is offered twice a year more if needed in Topics to be covered will include understanding the roles and responsibilities of a being a Mandated Reporter under Maine law, identifying indicators and risk factors of child abuse and/or neglect, and how to make a report if abuse and/or neglect are suspected.