

# Franklin County Children's Task Force



Franklin County Children's Task Force  
113 Church Street  
Farmington, Me 04938  
778-6960  
fctf@fctf.org

**Winter Hours:**  
**Monday -Thursday**  
**8 to 4:30**  
**Friday- 9:00-1:00**



## Check out our new web site!

You can find lots of information and a quick look at what is happening at the Franklin County Children's Task Force with just one click:

[www.fctf.org](http://www.fctf.org)



## Pajama Project

It's that time of year again the Franklin County Children's Task Force is partnering up with the Farmington Rotary Club and the Pierce House for the "Pajama Project." The Rotarians and the Task Force will be collecting pajamas, or monetary donations for the UMF Roteract group to purchase pajamas for area children who may need them for the upcoming winter.

This has become a yearly project for organizations to get together and help Operation Santa Claus. If you would like to donate to this project feel free to call the Franklin County Children's Task Force for more info at 778-6960 or catch up with a local Rotarian.

### What's coming up!

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### Parent Education Programs

**1,2,3 Magic:** Saturday December 5th 8 am to 1 pm

At the FCCTF, Childcare and lunch is available call 778-6960 to register.

**Starting in January 2010**

**Nurturing Parents:** January 6th to March 24th

This is a 12 week course with child care available.

**1,2,3, Magic:** March 1,8,15

To register and more information please call FCCTF at 778-6960.

### E-Mail Newsletter?

This is the paperless way of the future! If you are interested in receiving your newsletter in this manner please email us at [fctf@fctf.org](mailto:fctf@fctf.org)

**Check out page 2 for information on the upcoming Holiday Open House...**

**Santa, Sleigh Rides, Cookies, Picture Packages by Natasha Nile and much more!**

## Holiday Open House

The 2009 Franklin County Children's Task Force Holiday Open House will take place on December 12th from 10:30am-1:30pm. This year's event will be a winter wonderland event with Tri-Valley United Way joining us by hosting pictures with Santa in the United Way office on Broadway. The pictures will be done by Natasha Nile and packages will be available for purchase. Follow the pathway up to Church Street for a sleigh ride around town ending back at the Children's Task Force. You can then warm up with fresh baked holiday cookies, hot cocoa and cider. All children will leave with a small gift. This event is hosted by the Franklin County Children's Task Force, The Tri-Valley United Way and sponsored by the Downtown Business and Professional Association.



### “MAKE TRACKS FOR KIDS”

Was held on Saturday October 17, 2009 !



The annual Make Tracks for Kids walk-a-thon was a huge success. The Old Crow Band kicked off the excitement on Saturday, October 17th at the Gazebo Meeting House Park for the Franklin County Children's Task Force annual event. We had 15 teams with a over 85 walkers who could be seen walking the 2.5 mile loop. The teams consisted of children, children in strollers, families, co-workers and even dogs. This event is sponsored annually by Franklin Savings Bank who also have a very active team of walkers. This years spotlight goes to Girls Mt. Blue High School Soccer Team, they raised over \$1440.00 and had 26 walkers. Go Girls! They will be receiving a plaque for “Outstanding Community Leader” to be displayed at Mt. Blue High School. We would like to extend a very special thanks to all the teams that participated and helped to raise money for children's programming in Franklin County. Great Job! We would also like to recognize and **Thank** some of our sponsors: **Franklin Savings Bank, Coca Cola Farmington, Dunkin Donuts Farmington,** and of course, **The Old Crow Band** for providing a great selection of music. Without our teams and sponsors we could not have raised \$7000.00! Make Tracks for Kids is a yearly event for community members to support the programming of the Franklin County Children's Task Force, which provides programs to strengthen families and reduce child abuse and neglect in Franklin County.

Do you or someone you know need winter clothing? Please check out the Franklin County Children's Task Force Clothing Exchange located in our office building at 113 Church St. We have hats, mittens, winter jackets and clothes for all children ages newborn to 5T.

We are also distributing “Stuff the Bus” school supplies for the United Way, so stop by and see what we can help you with!

## Children's Festival

Date: February 13, 2010

Time: 11:00Am to 3:00PM

Location: UMF Olsen Student Center

Cost: Free!!



There will be entertainment by Mr. Magic and his Magical Wonders, hands-on activities, low cost food court, C.H.I.P.S. child I.D. program, cookie decorating, face painting, balloon animals, Decal gymnastics, and the Nintendo Wii.



## Father daughter

Date: March 6, 2010

Time: 6-9 p.m.

Location: DUAL LOCATIONS

Phillips Elementary School Gym and Jay High School Cafeteria

Cost: \$10 in advance for dad and all his ladies, \$12 at the door

There will be entertainment, dancing, and lots of fun.

### **Clothing Exchange**

**Bring A Bag-Take A Bag**

**Sizes Newborn to 4T**

**Bring in a bag of gently worn clothing and exchange it. First-time parents and expectant moms, no exchange is needed for 1st free bag of clothes. Limited maternity items available.**

**Call ahead as the space is sometimes unavailable**

**Hours of Operation 9:00am-4:00 pm M-Thurs**

**9:00am-1pm Friday.**

**Call: 778-6960 or 1-888-429-6960**

**113 Church St. Farmington, ME**

**We are now accepting donations for winter clothes.**

### **Mandated Reporter Training**

When: Tuesday January 26th, 2010

Where: FCCTF conference room

Time: 2-4 p.m.



## We need your help!

*Together, we can make a difference in the lives of children in Franklin County!*

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Please make my gift in memory of \_\_\_\_\_

Please make my gift anonymous

Please make your tax deductible check payable to:

FCCTF, 113 Church St., Farmington, Maine 04938



### From the Desk of the Executive Director: **SAFE SLEEP for Baby**

In recent weeks the news of three infants dying by sleeping in the same bed with a parent or adult caregiver have been devastating. In response to these unfortunate events the Franklin County Children's Task Force would like to reinforce for parents practices that are considered safe sleep practices. By following these 10 Safe Sleep Tips you are doing all you can do to ensure your child has a safe nights sleep.

- Always put your child on their back to sleep for naps and at night. It is the safest!
- Place your baby on a firm sleep surface, such as on a safety approved crib mattress, covered by a fitted sheet. **NEVER PLACE YOUR BABY TO SLEEP ON PILLOWS, QUILTS, SHEEPSKINS BUMPER PADS OR OTHER SOFT SURFACES!**
- Keep soft objects, toys and loose bedding out of your baby's sleep area.
- Do not allow smoking around your baby.
- Keep your baby's sleep area close to, but separate from, where you and others sleep. Your baby should not sleep in a bed or on a couch or armchair with adults or other children but he or she can sleep in the same room as you. If you bring your baby into bed with you to breastfeed, put him or her back in a separate sleep area, such as a bassinet, crib, cradle or a **bedside co-sleeper** (infant bed that attaches to an adult bed) when finished.
- Think about using a clean, dry pacifier when placing your infant down to sleep.
- Do not let your baby overhead during sleep.
- Avoid products that claim to reduce the risk of SIDS.
- Do not use home monitors to reduce the risk of SIDS.
- Reduce the chance that flat spots will develop on your baby's head: Provide "Tummy Time" when your baby is awake and someone is watching; change the direction that your baby lies in the crib from one week to the next; and avoid too much time in care seats, carriers, and bouncers.